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## squat racks

· Ideal for home, gym use · 17 Levels Adjustable barbell rack height · 3-Step Powder-Coated Finish For Exceptional Durability · Perfect to use for weightlifting, the included bar catches can be used to assist while performing squats, dead lifts, curls, etc. · The reinforced overhead workout bar can be used for body-weight training such as pull-ups, chin-ups, leg raises, squats, dips and more · Custom sizes and styles are available squat racks

Thanks to its extra-stable and versatile design, this squat rack offers as much utility as you'd expect from a power rack at a fraction of the cost- squat, bench press, banded movements, pull-ups, and much more. Make it your own by adding upgraded J-cups, spotter arms and other series attachments!



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